



2010 EPIC CACHE-TETON RELAY

RUNNER/VOLUNTEER SUBSTITUTION FORM

TEAM NAME _____ CAPTAIN NAME _____

NAME OF FORMER PARTICIPANT _____

NAME OF REPLACEMENT _____

TYPE OF SUBSTITUTION (CHECK ONE): RUNNER _____ VOLUNTEER _____

***FILL OUT AND BRING THIS FORM TO THE RELAY START CHECK IN IF YOU HAVE A RUNNER OR VOLUNTEER CHANGE AFTER REGISTRATION IS CLOSED.**